

# **THE CEDAR BROOK PRACTICE**

November 2018

Autumn Newsletter 2018

## **Opting out of sharing your confidential patient information**

### **Summary**

You can decide if health and care information that could identify you is used for research and planning.

### **National data opt-out**

You can choose whether your confidential patient information is used for research and planning. To find out more visit -

[nhs.uk/your-nhs-data matters](https://nhs.uk/your-nhs-data-matters)

You do not need to do anything if you are happy about how your confidential patient information is used. You can change your choice at any time.

### **Type I opt-out: Medical records held at your GP practice**

You can also tell your GP practice if you do not want your confidential patient information held in your GP medical record to be used for purposes other than your individual care. This is commonly called a type I opt-out. This opt-out request can only be recorded by your GP surgery.

## **Type 2 opt-out: information held by NHS Digital**

Previously you could tell your GP surgery if you did not want NHS Digital to share confidential patient information that we collect from across the health and care service for purposes other than your individual care. This was called a type 2 opt-out.

From 25 May 2018 the type 2 opt-out has been replaced by the national data opt-out. Type 2 opt-outs that have been recorded previously have been automatically converted to national data opt-outs.

## **Resources for patients**

There is an audio version of the national opt-out type 2 letter to patients and also a large print version.

To order a braille version of the Your Data Matters to the NHS patient letter call 0300 330 9412.

## **STAFF NEWS**

We welcome our new registrars Dr Heba Saleh and Dr Sinthujah Francis to the practice together with our new receptionist Cindy Prunty.

We welcome our new Practice Manager, Sharon Shelley, who started at the Practice in July.

Dr Jasmeen Bains will be going on maternity leave in February 2019 and Dr Rabaab Bharmal and Dr Seerat Sharma will be covering her maternity leave.

Our new Health Care Assistant Beata Kaczmarczyk-Czapkowska joins the Practice in January 2019.

## **PRACTICE NEWS**

New Paediatric Blood Taking Service every Wednesday morning 8.45—12.45 commencing December 2018. This service requires a GPs authorisation before an appointment can be booked. This service is for children aged 2 years to 18 years of age.

A new integrated paediatric Community Clinic on Thursday afternoons. This service is delivered by a Paediatric Consultant from the hospital and the appointments are booked by the service and patients seen in our practice.

We will soon be hosting a clinic for the National Diabetes Prevention Programme (NDDP) of which we are proud to be named as a “Champion Practice” – start date to be confirmed.

**If you need urgent medical advice/assistance when the surgery is closed**

**Please ring 111**

**Xmas Opening Hours**

<b>Sat 22nd Dec</b>	<b>-</b>	<b>CLOSED</b>
<b>Sun 23rd Dec</b>	<b>-</b>	<b>CLOSED</b>
<b>Mon 24th Dec</b>	<b>-</b>	<b>Normal Opening hours</b>
<b>Tue 25th Dec</b>	<b>-</b>	<b>CLOSED—BANK HOL</b>
<b>Wed 26th Dec</b>	<b>-</b>	<b>CLOSED —BANK HOL</b>
<b>Thurs 27th Dec</b>	<b>-</b>	<b>Normal Opening hours</b>
<b>Fri 28th Dec</b>	<b>-</b>	<b>Normal Opening hours</b>
<b>Sat 29th Dec</b>	<b>-</b>	<b>CLOSED</b>
<b>Sun 30th Dec</b>	<b>-</b>	<b>CLOSED</b>
<b>Mon 31st Dec</b>	<b>-</b>	<b>Normal Opening hours</b>
<b>Tue 1st Jan</b>	<b>-</b>	<b>CLOSED—BANK HOL</b>

**THEN NORMAL OPENING HOURS AS USUAL**

**The Doctors and Staff would like to wish you all a Merry Christmas  
and a Happy New Year**

## **ULTRASOUND APPOINTMENTS**

**It has come to our attention that several patients have not attended their ultrasound appointments. There is usually a 6 to 8 week waiting time for these appointments.**

**If you cannot attend for any reason please ensure you cancel the appointment so that it may be offered to some-one else.**

**Thank you for your co-operation.**

## **HOW TO USE OUR ONLINE SERVICES**

### **How to book a routine appointment on line**

Advise a receptionist that you would like to book your routine appointments on line and they will print out a unique username and password for you to access this service.

### **How to order repeat prescriptions on line**

To use this service go to our website [www.thecedarbrookpractice.co.uk](http://www.thecedarbrookpractice.co.uk)

Click on top blue bar—Prescriptions—then click on repeat prescriptions and register for this service.

You do not need a user name or password from the surgery to access repeat prescriptions.

### **How to access your medical record online**

Please ask reception for an application form for online access to medical records.

***Please ensure you  
request your  
repeat  
medication in plenty of time  
Thank you***